

Oman

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Dates	8	4%	2024

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Urea	2	13%	\$2.7 billion
Chromium	7	0.7%	\$56.3 million
Iron ore	8	1.1%	\$1.8 billion
Antimony	9	1.4%	\$6.5 million

Of \$43.8 billion of tracked-commodity exports, 66% is crude oil, then natural gas (22%).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Wheat	1.5 million tonnes	55	0.6%	124%
Milk	1.3 million tonnes	256	35%	127%
Corn	420 thousand tonnes	20	0.5%	100%
Dates	402 thousand tonnes	54	98%	3.7%
Rice	270 thousand tonnes	53	<0.1%	103%
Potatoes	211 thousand tonnes	40	6.6%	101%

Single-supplier import markets

Oman buys half or more of its imports from one country in 4 of 5 import markets of \$250 million or more: iron ore from Brazil (92%); gold from Hong Kong (80%); rice from India (67%); steel from China (70%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Oman", <https://commodityorigins.com/countries/OMN/> (CC BY 4.0). Full page, sources and downloads: <https://commodityorigins.com/countries/OMN/>. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (<https://commodityorigins.com/about/#how-ai-is-used>).