

Ghana

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Yams	2	11%	2024
Cocoa	3	10%	2024
Manganese	3	10%	2025
Cassava	4	8.2%	2024
Plantains	4	10%	2024
Cashews	5	5.2%	2024
Gold	6	4.5%	2025
Palm kernel oil	8	0.8%	2023

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Yams	1	25%	\$63.3 million
Manganese	3	8.7%	\$556.1 million
Cocoa	4	7.7%	\$1.5 billion
Bauxite	6	1%	\$120.6 million
Cashews	7	5.3%	\$184.6 million
Natural rubber	9	1.4%	\$228.5 million
Cassava	10	1.9%	\$65.5 million

Of \$8.8 billion of tracked-commodity exports, 67% is gold, then cocoa (17%).

Top-ten importer of: jute (#9).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Cassava	26.5 million tonnes	250	100%	<0.1%
Yams	9.5 million tonnes	157	100%	<0.1%
Plantains	4.4 million tonnes	121	100%	<0.1%
Corn	3.6 million tonnes	31	99%	1%
Rice	2.6 million tonnes	60	58%	42%
Oranges	694 thousand tonnes	19	101%	1.1%

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Ghana", <https://commodityorigins.com/countries/GHA/> (CC BY 4.0). Full page, sources and downloads: <https://commodityorigins.com/countries/GHA/>. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (<https://commodityorigins.com/about/#how-ai-is-used>).