

# Finland

What it produces, exports, imports and uses, among the commodities tracked here

## Top-ten producer of

| Commodity | World rank | Share of world | Year |
|-----------|------------|----------------|------|
| Oats      | 5          | 5.4%           | 2024 |
| Chromium  | 7          | 3.7%           | 2025 |
| Logs      | 8          | 2.8%           | 2024 |
| Sawnwood  | 8          | 2.5%           | 2024 |

## Top-ten exporter of

| Commodity | World rank | Share of world exports | Export value    |
|-----------|------------|------------------------|-----------------|
| Oats      | 2          | 12%                    | \$135.6 million |
| Cobalt    | 5          | 2.5%                   | \$117.1 million |
| Sawnwood  | 6          | 5.9%                   | \$2.2 billion   |
| Plywood   | 7          | 3.7%                   | \$617.8 million |
| Zinc      | 8          | 5.2%                   | \$766 million   |
| Salmon    | 9          | 1%                     | \$160.3 million |
| Nickel    | 10         | 4.4%                   | \$624.2 million |

Of \$5.1 billion of tracked-commodity exports, 43% is sawnwood, then zinc (15%).

**Top-ten importer of:** logs (#9), copper (#10).

# What it uses (FAO food balances, 2023)

| Commodity | Domestic supply     | kg per person | Self-sufficiency | Imported |
|-----------|---------------------|---------------|------------------|----------|
| Milk      | 2.7 million tonnes  | 258           | 83%              | 22%      |
| Barley    | 1.2 million tonnes  | 24            | 107%             | 2.9%     |
| Wheat     | 1.1 million tonnes  | 91            | 74%              | 36%      |
| Oats      | 561 thousand tonnes | 1.8           | 152%             | 0.1%     |
| Potatoes  | 558 thousand tonnes | 58            | 89%              | 17%      |
| Tomatoes  | 182 thousand tonnes | 32            | 17%              | 84%      |

## Single-supplier import markets

Finland buys half or more of its imports from one country in 2 of 7 import markets of \$250 million or more: crude oil from Norway (77%); iron ore from Sweden (85%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Finland", <https://commodityorigins.com/countries/FIN/> (CC BY 4.0). Full page, sources and downloads: <https://commodityorigins.com/countries/FIN/>. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (<https://commodityorigins.com/about/#how-ai-is-used>).