

Ecuador

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Quinoa	3	0.7%	2024
Bananas	4	5.4%	2024
Cocoa	4	7.7%	2024
Shrimp	5	10%	2024
Plantains	10	2.4%	2024

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Bananas	1	27%	\$4.2 billion
Plantains	1	23%	\$257.7 million
Shrimp	1	20%	\$6.3 billion
Cocoa	2	16%	\$3.1 billion
Pineapples	4	2.7%	\$76.2 million
Sisal	6	3.2%	\$21.7 million

Of \$30.9 billion of tracked-commodity exports, 50% is crude oil, then shrimp (20%).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Milk	2.2 million tonnes	116	98%	2.5%
Corn	1.7 million tonnes	18	87%	13%
Wheat	1.6 million tonnes	47	0.3%	101%
Rice	1.2 million tonnes	63	99%	1.9%
Bananas	714 thousand tonnes	7.7	1,008%	0.6%
Sugar	683 thousand tonnes	24	69%	33%

Single-supplier import markets

Ecuador buys half or more of its imports from one country in 3 of 3 import markets of \$250 million or more: natural gas from United States (100%); wheat from Canada (54%); steel from Japan (55%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Ecuador", <https://commodityorigins.com/countries/ECU/> (CC BY 4.0). Full page, sources and downloads: <https://commodityorigins.com/countries/ECU/>. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (<https://commodityorigins.com/about/#how-ai-is-used>).