

Argentina

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Soybeans	3	12%	2024
Sunflower oil	3	7.5%	2023
Beef	4	4.6%	2024
Corn	4	4.7%	2024
Lithium	5	7.9%	2025
Strontium	5	0.2%	2025
Honey	6	3.8%	2024
Peanuts	8	2.6%	2024

And 5 more on the full page.

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Peanuts	1	20%	\$940 million
Lithium	2	19%	\$721.1 million
Corn	3	16%	\$7.6 billion
Honey	3	9%	\$206.2 million
Sorghum	3	9.6%	\$261.2 million
Barley	4	8.7%	\$797.3 million

Commodity	World rank	Share of world exports	Export value
Soybeans	5	2.6%	\$2.1 billion
Sunflower oil	5	4.7%	\$888.8 million

Of \$26.2 billion of tracked-commodity exports, 29% is corn, then gold (13%).

Top-ten importer of: barite (#3), soybeans (#3), phosphate fertilizers (#9).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Soybeans	37.1 million tonnes	0.0	75%	31%
Corn	19.4 million tonnes	10	234%	0.1%
Milk	10.1 million tonnes	178	116%	1.3%
Wheat	6.5 million tonnes	127	138%	0.3%
Beef	2.5 million tonnes	49	134%	0.1%
Chicken	2.1 million tonnes	47	105%	0.3%

Single-supplier import markets

Argentina buys half or more of its imports from one country in 3 of 5 import markets of \$250 million or more: soybeans from Paraguay (94%); natural gas from United States (52%); iron ore from Brazil (87%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Argentina", <https://commodityorigins.com/countries/ARG/> (CC BY 4.0). Full page, sources and downloads: <https://commodityorigins.com/countries/ARG/>. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (<https://commodityorigins.com/about/#how-ai-is-used>).